

INFORMATION SHEET

In 2010 Valucorp Training Academy opened its doors in Durban offering training for Basic Life Support & Advanced First Aid Procedures.

Many students have qualified since then and are now working in the medical field around the country. Others, are now training as Paramedics.

The training material has been developed by a team of dedicated and committed Professional nurses and university academics.

All lectures are presented by a team of fully trained, highly skilled professionals in the various fields of expertise.

After completion of the course, you will receive a certificate of competence.



Accreditation No: 12697



Membership No: 68267889



SAQA ID: 119567
Perform basic life support
and first aid procedures
NQF Level 1, 5 Credits

All copyright reserved to Valucorp 248cc

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, without the prior written permission of the copyright owners.

CONTENTS OF THE COURSE:

MODULES INCLUDED IN THE FIRST AID MANUAL:

EMERGENCY SCENE MANAGEMENT

- **Maintenance of personal safety and Assessing the emergency scene**
 - Call for Bystanders
 - Protect yourself at all emergency situations.
 - Stay Safe in emergency situations
 - Stay safe when dealing with others
- **Methods of safeguarding the emergency scene**
 - Assess and manage the emergency scene
 - Mechanism of injury
 - Hazards
 - Some safety precautions
- **Methods of safeguarding the injured person**
- **Medico-legal implications of rendering First Aid**
 - Ethics of First Aid
 - Patient Consent
 - Standards set according to legislation as per the
- **Occupational Health and Safety Act and other related legislation and policies**
 - Scope of practice, consent, recording
 - Relationship systems
 - Family, community, colleagues
 - Emergency and disaster services
- **The First Aider**
 - Confidence attained through repeated practical applications
- **Know your limits**
 - Willingness to assist in emergency situations
 - Class Activity 1: Emergency scene management

ANATOMY AND PHYSIOLOGY

- **Describe the different systems of the human body**
 - Body Functions
 - Life Process
 - Anatomical terminology
- **Explain the way in which each system operates**
 - Exchange with the Environment
 - Structure, Support, Protection and Movement
 - Control and Regulation
- **Explain the manner in which the systems relate to each other**
 - Class Activity 2: Anatomy and physiology

ASSESS AN EMERGENCY SITUATION

- **Assess an emergency situation**
 - Effective diagnosis and treatment and safety of the accident scene and bystanders
- **Identify the cause of the emergency**
 - Emergency situations
 - Disaster situations
- **Identify the type of injury in broad classifications**
 - Events relating to injury mechanisms
- **Assess the situation in terms of the type of assistance require**
 - The Primary Survey and CPR Sequence: HHH SCAB
 - Primary and secondary examinations
 - Evaluation of the patient's condition and severity of injuries
 - Use basic communication skills
 - Effective communication skills #1: Listening
 - Effective communication skills #2: Nonverbal communication
 - Effective communication skills #3: Managing stress
 - Effective communication skills #4: Emotional awareness
 - Class Activity 3: Assess an emergency situation

CONTENTS OF THE COURSE CONTINUED:

MODULES INCLUDED IN THE FIRST AID MANUAL:

THREATENING SITUATION

- **Theory, rules, principles, laws related to Cardio-Pulmonary**
 - Resuscitation (CPR), cessation of breathing, severe haemorrhage and common injuries
 - Principles of First Aid
 - The responsibility of the First Aider
 - Laws related to First Aid
 - Rules and ethics of First Aid
 - Patient consent
 - Procedure for handing a patient over to advanced care
- **Take universal precautions to prevent infection**
- **Deal with Cardio-Pulmonary (CP) arrest**
 - Purpose of Cardio-Pulmonary Resuscitation (CPR)
 - Apply first aid treatment
 - Purpose of specific equipment and training aids
 - Improvise equipment that is not readily available
 - Refer the casualty for medical assistance
 - Transportation of patients, services available and cost implications
 - Class Activity 4: Deal with Cardio-Pulmonary (CP) arrest
- **Deal with cessation of breathing**
 - Purpose of Artificial Respiration (AR)
 - Apply first aid treatment
 - Purpose of specific equipment and training aids
 - Refer the casualty for medical assistance
 - Class Activity 5: Deal with cessation of breathing
- **Deal with severe haemorrhage**
 - ABC in first aid
 - Purpose of dealing with a severe haemorrhage
 - Apply first aid treatment
 - Purpose of specific equipment and training aids
 - Improvise equipment that is not readily available
 - Refer the casualty for medical assistance
 - Class Activity 6: Deal with severe hemorrhage

TREAT COMMON INJURIES

- **Identify and describe different types of injuries and conditions**
 - Shock
 - Asthma
 - Choking
 - Allergic Reactions
 - Heart Attacks
 - Fainting (Syncope)
 - Diabetes
 - Strokes
 - Seizures
 - Unconsciousness
- **Take appropriate universal precautions to prevent infection**
 - Purpose of specific equipment and training aids
- **Improvise equipment that is not readily available**
- **Refer the casualty for medical assistance**
- **Provide follow-up care in accordance with the specific needs of the casualty**
 - Class Activity 7: Treat common injuries
 - Reflection
 - Facilitator Observation Checklist
 - Summative Assessment
 - Knowledge Questions
 - Practical Activities

SELECTION CRITERIA:

- Interest in First Aid / Application for Career Purposes.
- Communication and Mathematical Literacy at ABET level 3 (Equivalent of grade 5).
- Fluent in English (Need to be able to read, speak and understand very well).

DURATION OF OUR FIRST AID COURSES:

FULL-TIME ONLY.

- CPR.....1 Day
- Basic Life Support & First Aid Procedures (Level 1).....2 Days

COST OF OUR COURSES:

- CPR.....R 350.00
- Basic Life Support & First Aid Procedures (Level 1).....R 850.00

THE FEES INCLUDE THE FOLLOWING:

- Learning Material
- Mouth Piece
- Certificate On Completion

WHAT DO YOU NEED TO REGISTER WITH US?

- CV & Supporting Documents
- ID Copy Certified
- Colour ID Photo

Registration closes: _____

Class starts: _____

BANK DETAILS:

FNB

NAME: VALUCORP TRAINING ACADEMY

ACCOUNT No.: 6289 4113 184

BRANCH CODE: 221 126

TYPE: CHEQUE ACCOUNT

REFERENCE: FULL NAME & SURNAME

WHERE TO REGISTER:

Suite 1302, 13th Floor, Nedbank House

30 Ingcube Street (Albert Street)

Durban Central

Registrations: you may register immediately.

WHY SETTLE FOR ANYTHING BUT THE BEST?

EXPERIENCE PROFESSIONAL AND CARING ASSISTANCE BY CALLING

ANY OF THE FOLLOWING PERSONS ON: **031 811 0767/ 031 201 0716**

MISS ARISHA DAVALLAL, MISS SILINDILE NDLOVU OR MRS NAHEEDA SHAIK

PURPOSE OF THE UNIT STANDARD (*NQF Level 1, 5 Credits*)

This unit standard is for persons required to assess the emergency situation and providing basic Life Support and basic First Aid in order to stabilise patients prior to transfer to the emergency services.

PEOPLE CREDITED WITH THIS UNIT STANDARD ARE ABLE TO:

- Demonstrate an understanding of emergency scene management
- Demonstrate an understanding of elementary anatomy and physiology
- Assess an emergency situation
- Apply First Aid procedures to the life-threatening situation
- Treat common injuries